SUNWAY EDUCATION GROUP

COVID-19 ADVISORY 52: UPDATES ON LATEST ISOLATION / QUARANTINE SOPs & ENTRY TO CAMPUS FOR NON-FULLY VACCINATED INDIVIDUALS

Dear Students, Parents & Staff of the Sunway Education Group Community,

- 1. I hope everyone is doing well and safe as we wade through the Omicron wave that has landed in Malaysia. Yesterday just over 25,000 new infections were recorded. It would be of some relief to know that the number of categories 3, 4, and 5 cases (which are the more severe categories of COVID-19 infections) was just 100 cases (0.40%) of the overall total. This is an indication that the COVID-19 vaccination rollout (including the booster shots) by the Government is working and keeping the majority of us safe from the graver consequences of this virus. Nevertheless, let us always remain vigilant, ensure that we adhere to the SOPs and play our part in curbing the spread of the virus.
- 2. In light of the ever-changing situation we are facing, the authorities have made various announcements with regard to the SOPs as well as the operations of our higher education institutions. As we wish to ensure that the safety and wellbeing of our campus community is maintained, kindly note the following updates:

COVID-19 POSITIVE CASES: ISOLATION DURATION & FLOWCHART

- 3. Isolation period for Positive Cases:
 - a. Received Booster: 7 daysb. Fully Vaccinated: 7 days
 - c. Incomplete Vaccination or Unvaccinated: 10 days
- 4. If you are symptomatic or are required to undergo treatment at the CAC or a medical facility, release from isolation is subject to clearance from the Health Authorities/ MySejahtera status. You will be allowed back to campus once your MySejahtera status is 'Low Risk' or is affixed with the 'Completion' stamp or if you have a duly authorised release letter from the authorities (as applicable).
- 5. For details, please refer to APPENDIX 1: Flowchart for COVID-19 Positive Case Management.

CLOSE CONTACTS: QUARANTINE PERIOD & FLOWCHART

- 6. Quarantine period:
 - a. Received Booster: 5 daysb. Fully Vaccinated: 7 days
 - c. Incomplete Vaccination or Unvaccinated: 10 days
- 7. **For Close Contacts exhibiting symptoms**: Subject to the severity of your symptoms, you are required to do a RTK-Antigen self-test or seek medical advice at the nearest health facility. Please remember to update your test result within your MySejahtera application. If you are Positive, please refer to **APPENDIX 1** (below).

- 8. **For Close Contacts not exhibiting symptoms:** <u>you are required to self-test via RTK-Antigen test on the final day of your quarantine.</u> Kindly take a photo of your RTK-Antigen test result (duly dated) for verification by your HOD (for staff) or the Residence Management Team / School Manager/ Programme Administrator (for students). You will only be allowed back to campus once the above is verified and your MySejahtera status has reverted to low risk profile (blue).
- 9. For Close Contacts who have completed quarantine, please be reminded to continue to keep an eye on your health up to day 14, self-monitor for symptoms, wear a mask consistently in public places, and keep physical distance from others, especially avoiding contact with vulnerable groups.
- 10. For details, please refer to APPENDIX 2: Flowchart for Close Contacts Case Management.

COVID-19 SYMPTOMS CATEGORISATION

11. According to MOH, Category 1 refers to non-symptomatic individuals while Category 2 encompasses 2A (mild) and 2B (moderate). Categories 3-5 indicate increased severity of the symptoms as diagnosed by health professionals. MOH has released an infographic elaborating the COVID-19 symptoms for Category 2A and Category 2B. Please refer to **APPENDIX 3.**

PROPER RTK-ANTIGEN TESTING

12. Frequent testing is crucial to stem the spread of the COVID-19 virus. In line with the <u>National COVID-19 Testing Strategy</u>, for those administering the RTK-Antigen self-test kit, please be reminded of the following:



ENTRY FOR STAFF / STUDENTS WITH INCOMPLETE VACCINATIONS

- 13. As announced by the Government and Ministry of Higher Education, staff and students who are not fully vaccinated will be allowed on campus beginning 1 March 2022 subject to strict COVID-19 testing requirements and SOPs. This encompasses:
 - a. Staff/ students with a valid medical letter stating the reason(s) for not being vaccinated; or
 - b. Staff/ students who have taken at least one (1) vaccine dose but are unable to complete their vaccination due to adverse reactions to the vaccines (with a valid medical letter); or
 - c. Staff/ students awaiting their 2nd vaccine dose appointment; or
 - d. Staff/ students <u>required</u> by the <u>Government to get their booster dose before March</u> (or <u>risk</u> losing their "fully vaccinated" status). This mandate applies to:
 - i. All adults aged 60 and above regardless of initial vaccine received; or
 - ii. All adults aged 18 and above who received the Sinovac vaccine.
- 14. In order to enter campus, for those within the categories stated above, kindly note that:
 - a. You are required to undergo a <u>RT-PCR test at a recognised medical facility three (3)</u> days prior to returning to campus; and
 - b. Perform a self-administered RTK-Antigen test on a weekly basis.
- 15. The results of the RT-PCR and the weekly RTK-Antigen test must be submitted to your respective HOD (for staff) or School Manager / Programme Administrator (for students).

CONTINUATION OF HYBRID LEARNING OPTIONS

- 16. We will be continuing hybrid learning options for our students until the end of the year. We understand that due to the ongoing challenges brought upon by COVID-19 such as the spread of Omicron and the ongoing travel limitations affecting our international students, the availability of hybrid learning options will ensure that we are able to deliver our education services and there is minimal disruption to our students' learning and development.
- 17. Please be reminded that a number of programmes will require your physical presence on campus as part of your study/ graduation requirement (i.e. those with practicals, lab work etc). If alternative arrangements are required, please communicate with your respective School Managers/ Programme Administrators on its availability. Kindly note that alternative assessments/ arrangements are subject to the guidelines of the Malaysian Qualifications Agency (MQA) or relevant professional bodies.

CONCLUSION

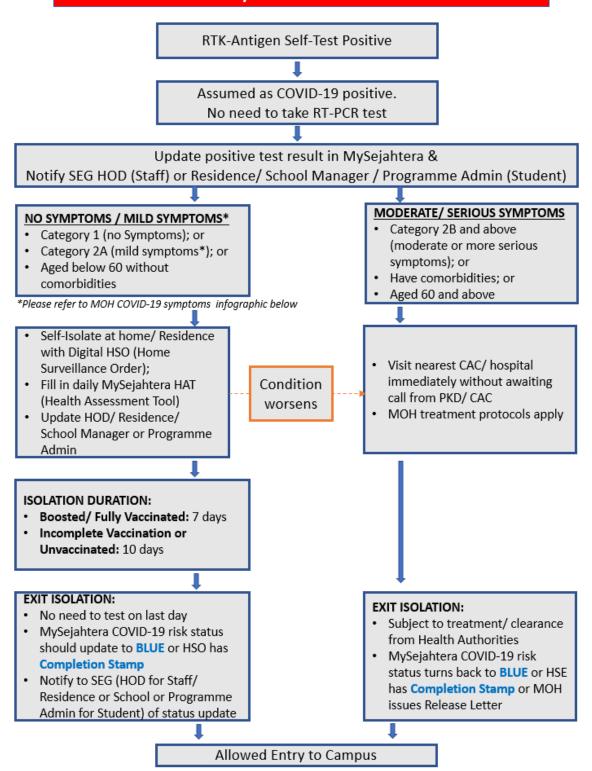
- 18. As the above are subject to changes and updates, we do request that you refer to the official MOH Website https://covid-19.moh.gov.my/ or Twitter account @KKMPutrajaya/.
- 19. As always, we thank you for your support, cooperation and understanding.

#LindungDiriLindungSemua #WeAreVaccinated

Professor Elizabeth Lee

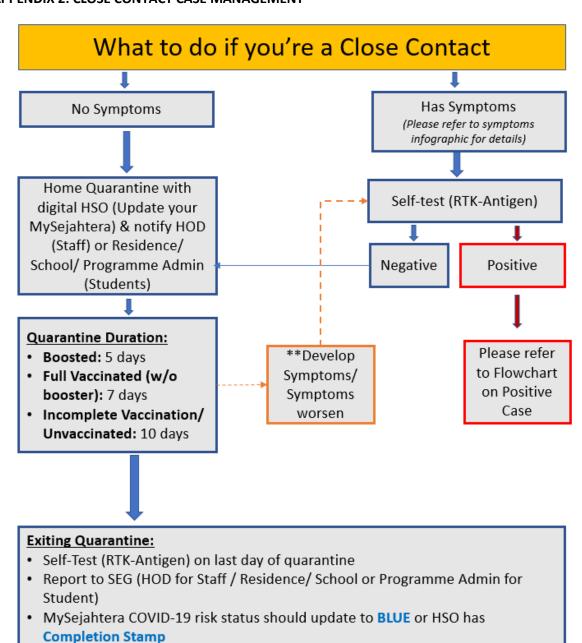
Chief Executive Officer Sunway Education Group 22 February 2022

What to do if you're COVID-19 Positive



- Adapted from Ministry of Health Guidelines as at 17 Feb 2022
- · Please contact HOD / Residence / School Manager or Programme Admin if any assistance is needed

APPENDIX 2: CLOSE CONTACT CASE MANAGEMENT



Allowed Entry to Campus

**Note: If your symptoms developed only after you started quarantine but you
tested negative, you will only need to complete the remaining quarantine
period (i.e. no need to start over) and self-test again on the final day.

- · Adapted from Ministry of Health Guidelines as at 17 Feb 2022
- · Please contact HOD / Residence / School Manager or Programme Admin if any assistance is needed

CATEGORY 2A (MILD) AND 2B (MODERATE) COVID-19 SYMPTOMS



Category 2A	Category 2B
Sore throat or runny nose with no fever or shortness of breath	Persistent fever (2 days or more) or new onset fever after initial recovery
Cough with no fever or shortness of breath	Difficulty in breathing when carrying out activities (exertional dyspnea)
Loss of sense of taste but still has appetite to eat	Chest pain
Loss of sense of smell	No appetite or unable to drink
Has two (2) or less incidences of diarrhea within a 24 hour period but urinating intervals is normal	Lethargy especially when carrying out daily activities or after waking up
Feeling nauseous and vomiting	Require assistance to walk
Mild lethargy but still able to carry out daily activities	Worsening or persistent symptoms such as cough, nausea, vomiting or diarrhea
Muscle aches but still able to carry out daily activities	Change in mental status such as confusion or lapses in consciousness
	Urinating less than usual within the last 24 hours